

KYLA JOHNSON

Aspiring Child Life Specialist

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Summary

Given my background in child development, experience as a child life intern, and my educational qualifications, I am excited about the opportunity to contribute to promoting the continuous development and well-being of children with the profession of child life. The focus of the Child Life Specialist position to minimize psychological stress and enhance the coping and understanding of illness in children resonates deeply with my professional goals and personal ethos.

Skills

Applicable Strengths: Child Development • Child Life Assessment • Developmental Theory and Application • Play Theories • Child Life Advocacy

Certifications: Availability to obtain CCLS certification within 1 year • Basic Life Support • CPR/First Aid • Education Licenses K-12

Languages: Studied American Sign Language

Experience

Rady Children's Hospital-San Diego

San Diego, CA

Child Life Intern

01/2024 - 04/2024

- Managed 600-hour internship in diverse clinical settings under the direct supervision of certified child life specialists
- Implemented therapeutic activities tailored to the developmental stages of diverse patient groups
- Educated patients about their illnesses and hospitalization utilizing appropriate developmental language and theory
- Facilitated child life interventions, significantly reducing patient anxiety and improving hospital stays
- Collaborated and attended rounds with certified specialists, and members of a medical multidisciplinary team

Child Life United

Virtual

Child Life Practicum Student

06/2023 - 08/2023

- Enhance personal understanding of child life through ACLP guidelines
- Applied clinical knowledge to practice while engaging in child life material with enthusiasm
- Gained hands-on child life experience through observation, case studies, presentations, question panels, and more
- Evaluated child life theories against real-world scenarios, enhancing practical skills
- Thrived in child life practices, enhancing skills through direct engagement and theory application

ISD 595 School District

East Grand Forks, MN

Substitute Teacher

08/2023 - 01/2024

- Provided education tailored to students' individual developmental stages for grades K-12
- Efficiently follow and execute pre-set curriculum and lesson plans formed by absentee teacher
- Used effective classroom management strategies to stimulate participation
- Nurtured a positive and encouraging learning environment for students

Education

Texas Woman's University

Denton, TX

Master of Science Child Life

06/2022 - 08/2023

University of North Dakota

Grand Forks, ND

Bachelors of Science Rehabilitation Human Services

08/2019 - 05/2021

Volunteering and Observations

Dance Marathon

Volunteered as the Hospital Relations chair between my college and local children's hospital to raise critical funds and put on events for children being treated at the hospital

Kids Kicking Cancer

Virtually observed sessions to learn coping techniques and deep breathing exercises that can be used in clinical settings through a fun way

Kyla's Care Kits

Fundraise and create over 500 care kits for children in local emergency rooms across 4 rural hospitals. Kits included flyers, crayons, coloring books, fidgets, and more to help kids cope with the experience

Pinky Swear Foundation

Volunteered to create letters of encouragement for local children fighting cancer

Two Twelve Medical Center Child Life

Observed a certified child life specialist in the emergency department at a local hospital affiliated with Children's MN

Fairview Ridges Hospital MN Child Life

Observed a certified child life specialist in a level 1 trauma emergency room at a local hospital as well as observed their children of adult patient CCLS