Developmental Age Group	Instructions: Identify at least 3 (but no more than 5) bullet points for each of the following age groups. I got you started with examples for some of the cells. No need to cite in APA format.				
	Typical developmental achievements or behaviors	Theorists & theories relevant to this group	Challenges/stressors of being in the hospital	Common behaviors when feeling stressed, afraid, anxious	Ways to promote coping, ideas for child life intervention
Infant	• Learning to trust caregivers • Basic trust that needs will be provided • Understand world though senses and actions	• Bowlby's attachment theory • Erikson's stages of psychosocial development • Jean Piaget's cognitive development theory	• Loss of routine • Confusion with who is primary caregiver • Unfamiliar setting	• Rejects strangers • Stress • Struggles eating • Struggles to sooth	• Consistent routines • Provided same needs in hospital as at home • Provide support to parents to cope
Toddler	• Shows attachment to caregivers • Dependency • Trusts caregivers for basic needs	• Sigmund Freud's psychoanalytic theory • Bowlby's attachment theory • Lev Vygotsky's socio-cultural theory	• Confusion with who is primary caregiver • Lack of autonomy • Unfamiliar setting	• Rejects strangers • Shows sings of emotional distress • Anger • Inability to process feelings	• Keeping child distracted/entertained • Allow child to see equipment before used • Allowing child to seek independence through activities
Preschool	• Follow through with plans and instructions • Learn language • Competitiveness	• Jean Piaget's cognitive development theory • Sigmund Freud's psychoanalytic theory • Erikson's stages of psychosocial development	• Lack independence they are trying to seek • Cannot express thoughts as not	• Guilt • Unable to process feelings • Anger	• Allowing child to seek independence through activities • Show children medical equipment to

			• aware with setting • Lack of autonomy		teach them what is happening to them • Medical play
School Age	• Learn how things function/work • Learning reason behind action • Find purpose in actions • Competency	• Lev Vygotsky's socio-cultural theory • Erikson's stages of psychosocial development • Sigmund Freud's psychoanalytic theory	• Feeling unable to control situation • Loss of routine/ confusion with routine • Feel helpless/unable to assist	• Inferiority at understanding the process • Depression • Isolation	• Allowing child to see medical equipment before it is used on them • Allow sense of normalcy through play • Peer groups/activities
Adolescent	• Able to think abstractly • Learn the concept of time • Competency • Fidelity	• Erikson's stages of psychosocial development • Lev Vygotsky's socio-cultural theory • Jean Piaget's cognitive development theory	• Loss of privacy • Loss of relationships/developmental social milestones • Loss of relationships	• Depression, withdrawal • Anxiety • Confusion with identity	• Maintain contact with peer group • Autonomy over choices • Create activity's that are age appropriate for distraction
Young Adult	• Think logical and reason, strategize and plan • Mature biologically • Love • Care	• Sigmund Freud's psychoanalytic theory • Jean Piaget's cognitive development theory • Lev Vygotsky's socio-cultural theory	• Loss of privacy • Loss of peer relationships • Loss of job	• Depression and anxiety • Isolation • Withdrawal from caregivers	• Creating a routine • Maintain contact with peer groups • Create activity's that are age appropriate for distraction